

PMI Program Management Professional® (PgMP®) Exam Prep Course Outline

Duration: 30 Hours (8 Sessions)

Format: Live Online (One-on-One)

Session Length: 4 hours per session

Total Contact Hours: 30 hours (fulfills PMI's PgMP® education requirement)

Certification: Prepares for the PMI PgMP® Exam

Session 1: Strategic Program Management Foundation

(4 hours)

- PgMP® exam overview, eligibility criteria, and application process
- Program vs. project/portfolio management distinctions
- Aligning programs with organizational strategy
- Program governance frameworks and life cycles
- Developing program charters and roadmaps

Session 2: Program Definition & Planning

(4 hours)

- Defining program scope and benefits realization strategy
- Establishing program governance structure
- Developing program management plans (resource, finance, risk)
- Stakeholder identification and analysis at program level

Session 3: Program Execution - Part 1

(4 hours)

- Component initiation and transition planning
- Managing cross-project interdependencies
- Benefits delivery tracking and sustainment
- Resource optimization across multiple projects

Session 4: Program Execution - Part 2

(4 hours)

- Program-level risk management (identification, analysis, response)
- Change control management in complex programs
- Program communications planning for executive stakeholders
- Monitoring component performance and health

Session 5: Benefits Management

(4 hours)

- Benefits identification and mapping techniques
- Benefits realization planning and measurement
- Sustainment transition planning
- Benefits auditing and reporting

Session 6: Stakeholder Engagement & Communication

(4 hours)

- Stakeholder engagement strategies for sponsors/executives
- Conflict resolution in matrixed program environments
- Political/cultural considerations in global programs
- Tailored communication for diverse stakeholder groups

Session 7: Program Governance & Controls

(4 hours)

- Governance board management and reporting
- Program quality assurance and compliance
- Program-level performance metrics (KPIs, benefits metrics)
- Program audits and health checks

Session 8: Program Closure & Exam Strategy

(2 hours)

- Formal program closure procedures
- Lessons learned documentation and organizational transfer
- PgMP® exam simulation and strategy session
- Ethics and professional conduct (per PMI Code)

PgMP® Exam Prerequisites

Candidates must meet **ONE** of the following:

- Option 1:

- Four-year degree
- **4 years (6,000 hours) of project management experience**
- **4 years (6,000 hours) of program management experience**

- Option 2:

- Secondary degree (high school diploma or equivalent)
- **4 years (6,000 hours) of project management experience**
- **7 years (10,500 hours) of program management experience**

All experience must be earned within the last 15 years